

# Manufacturers and Distributors of high quality nutritional products

- High in Energy
- Very High in Vitamins
- Source or Fibre
- Naturally free from Gluten

Contains NO SOY



# DRINK ON THE GO

SACHET 120g

Makes 600ml

## FLAVOUR Regular















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www.powerforceproducts.co.za OR www.amaize.co.za

#### INGREDIENTS

Maize, milk solids (whey, skimmed milk, buttermilk), sucrose, citric acid, vegetable fat, emulsifiers, stabilizers, vitamins, minerals and flavouring.

Unit Per 100g % NRV'S per

### **ALLERGEN**

Milk / Dairy

NUTRIENT	Unit	Per 100g	% NRV'S per 100g serving*
Energy	kj	1559	
Protein	g	8.04	14.36%
Glycemic Carbohydrate	g	74.29	
of which Total Sugar	g	29.25	
Total Fat	g	4.3	
of which:			
Saturated fatty acids	g	1.7	
Trans fatty acids	g	0	
Monounsaturated fat	g	1.437	
Polyunsaturated			
fatty acids	g	1.153	
of which Omega 3			
fatty acids	mg	46	
Omega 6 fatty acids	mg	1112	
Omega 9 fatty acids	mg	1344	
Cholesterol	mg	8	
Dietary fibre			
(AOAC method 985.29)	g	3.7	
Total Sodium	mg	180	
Vitamins:			
A (Palmitate 250,000 IU/g)	μg	11980	100%
B1 (Thiamine)	mg	1.2	100%
B2 (Riboflavin)	mg	1.3	100%
B3 (Nicotinamide)	mg	16	100%
B5 (Pantothenic acid)	mg	5	100%
B6 (Pyridoxine)	mg	1.7	100%
B9 (Folic acid)	μg	400	100%
B12	μg	2.4	100%
C (Ascorbic acid)	mg	100	100%
D3 (Cholecalciferol)	μg	15	100%
E (Tocopherol)	mg	15	100%
H (Biotin)	μg	30	100%
*Nutrient Reference Valu	es for in	dividuals 4	vears and older.

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